majikkids

THE INCREDIBLY MINDFUL ADVENTURES OF

BILLY BIT



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Activity Book

10 LEVELS INSIDE

Games, crafts and big conversations for curious little Bits and the grown-ups who play with them.

Hello, little Bits (and big ones too)



Billy Bit wakes up as one tiny Bit in a huge, glittering digital world. Along the way he learns to slow down, keep private things private, say no to a very tempting party, and listen to the quiet hum in his chest that helps him choose.

This book turns those moments into play. Every page takes one big idea from the story and turns it into something to make, move or talk about. Most pages need nothing more than paper, crayons and a little imagination.

How this book works

1. LISTEN

Play the Billy Bit story in the Majik Kids app first. Then pick any page. There is no wrong order.

2. LEVEL UP

Each activity is a level. Colour in its square below when you finish. Ten levels earns the Megabyte Certificate.

3. CHECK IN

Blue pop-ups are a Billy Check-In: hand on chest, one slow breath, one gentle question.

Your level map

- ☐ LV01 Design Your Own Tech Hero P.5
- ☐ LV02 Create a Giant Internet Map P.7
- ☐ LV03 Billy's Body Signal Drawing P.8
- ☐ LV04 Password Power Craft P.9
- ☐ LV05 Safe or Sneaky Challenge P.10
- ☐ LV06 My Inner Compass Journal P.12
- ☐ LV07 Grow from Bit to Megabyte P.13
- ☐ LV08 Build a Firewall Fort P.14
- ☐ LV09 Binary Bead Bracelets P.15
- ☐ LV10 Emotion Signal Freeze Dance P.16

FOR GROWN-UPS

Start with the Conversation Starters on the next two pages. They make great dinnertime talks, and they help kids connect the story to their own feelings before the making begins.

Conversation Starters

Write or share your answers with a grown-up, friend or classmate.
These make great dinnertime conversations after the story.

PART 1 OF 2

1

STORY MOMENT

When Billy wakes up in a huge new world and feels small and lonely.

Have you ever started something new and felt nervous or tiny compared to everything around you? What helped you feel brave?

2

STORY MOMENT

When Billy chooses the slower red tube instead of the fast blue tube.

Why do you think slowing down can sometimes be the smarter choice? When is rushing not the best idea?

3

STORY MOMENT

When Wally tells Billy to trust the feeling in his chest.

Do you ever notice feelings in your body before making a choice, like butterflies, tightness, warmth or calmness? What might those feelings be telling you?

Conversation Starters

PART 2 OF 2

4

STORY MOMENT

When Billy learns from Patty Password to keep some things private.

Why is it important to protect personal information, online and in real life? What kinds of things should stay private?

5

STORY MOMENT

When Billy says no to Vicky Virus and Marty Malware's tempting party invitation.

Why can it be hard to say no when something sounds fun? How can we make good choices when others are pressuring us?

BILLY CHECK-IN

Your turn to ask!

Make up your own question about the story and ask a grown-up. Before they answer, everyone puts a hand on their chest and takes one slow breath together.



LEVEL 01

Design Your Own Tech Hero



Invent a hero who helps others stay safe, kind and smart online.

DRAW · CREATIVITY · SOLO OR GROUP

WHEN YOU'RE DONE You'll have your own hero, **named, drawn and described** on the Hero Card (next page), ready to show and tell.

You'll need: Hero Card (page 6) · pencil · crayons or markers · stickers (optional)

1 Pick a problem

What problem on the Internet will your hero fix? For example: mean messages, or tricky pop-ups.

2 Choose 1 to 3 powers

Pick from these, or make up your own:

- Stops viruses
- Protects passwords
- Blocks mean messages
- Fixes broken links
- Spreads kindness
- Builds safety walls
- Heals grumpy viruses

3 Name your hero

Write the name at the top of the Hero Card. Need ideas?

- Captain Click Safe
- Rainbow Router
- Super Shield
- Kindness Keyboard

4 Draw your hero

Draw them in the big box on the Hero Card. Add colours, gadgets, capes, wings, buttons or glowing powers.

5 Finish the sentences

Complete the four sentences at the bottom of the Hero Card.

6 Show and tell

Hold up your card. Tell someone your hero's name, their power, and how they make the Internet better.

BONUS_CHALLENGE

Team-up time! Can your hero join Billy Bit on a brand new adventure? Tell or draw what happens.

TEACHER TIP

For step 6, have a partner guess the hero's power from the drawing before the creator explains it.

OFFICIAL

Hero Card

MY HERO'S NAME _____

DRAW YOUR HERO HERE

POWER LEVELS · COLOUR IN

Kindness

☐☐☐☐☐☐☐☐☐☐

Bravery

☐☐☐☐☐☐☐☐☐☐

Smarts

☐☐☐☐☐☐☐☐☐☐

Safety Shield

☐☐☐☐☐☐☐☐☐☐

My hero helps by...

_____

My hero is brave because...

_____

My hero's special tool is...

_____

My hero's mission is...

_____

LEVEL 02

Create a Giant Internet Map

Build Billy's world on one giant map, then travel through the story again.

BUILD · STORYTELLING · TEAMWORK



WHEN YOU'RE DONE You'll have a **labelled map of Billy's world** that you can use to act out the whole story with toys.

You'll need: large paper or cardboard · pencils · crayons, markers or paint · small toys or counters · stickers (optional)

1 Lay out your base
Put a big sheet of paper or cardboard on a table or the floor.

2 Draw the places
Draw each place on the checklist. Leave space between them.

3 Connect with paths
Draw roads, tunnels and tubes. Make one tube red and one blue!

4 Add the characters
Draw them, or make small paper stand-ups.

5 Label everything
Write the name beside each place and character.

6 Retell the story
Move your toys across the map in the order things happened.

7 Invent a new place
Puzzle Park? Password Palace? Kindness Kingdom? You choose!

8 Build it together
Invite friends or family to add to one shared world.

MAP_CHECKLIST · TICK WHEN IT'S ON YOUR MAP

PLACES

- [ ] Glittering city
- [ ] Red and blue tubes
- [ ] Ripley's cable station
- [ ] Frannie's Firewall
- [ ] The safe zone

CHARACTERS

- [ ] Billy Bit
- [ ] Wally the Workstation
- [ ] Patty Password
- [ ] Arthur Anti-Virus
- [ ] Victor
- [ ] The other Bits

TEACHER TIP · Give each small group one place to draw on its own sheet, then tape the sheets together into one giant class map.

LEVEL 03

Billy's Body Signal Drawing



Discover the secret messages your body sends you, just like the hum in Billy's chest.

DRAW SELF-AWARENESS

You'll need: crayons, markers or coloured pencils

WHEN YOU'RE DONE — You'll have a **coloured body map** showing where you feel your feelings.

1 Remember a feeling

Think of a time you felt happy, nervous, excited, angry, calm, shy or brave.

2 Make your colour key

Pick a different colour for each signal. Colour in its box.

- ☐ Butterflies in tummy
- ☐ Tight shoulders
- ☐ Calm hands
- ☐ Warm chest
- ☐ Wiggly legs
- ☐ Hot cheeks

3 Colour your body map

Use your key colours on the outline, right where you feel each signal.

4 Give each feeling a voice

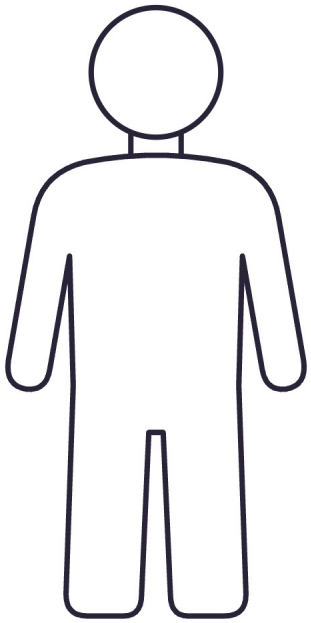
Write or say what it might be telling you:

"Take a deep breath." "I'm excited!" "Something doesn't feel right." "I need help." "I am ready."

5 Share your map

Talk about it together. Everyone's signals can be different!

MY BODY MAP



BILLY CHECK-IN — Hand on your chest, one slow breath. Ask: *What is my body telling me today?*

LEVEL 04

Password Power Craft

Make a super-strong pretend password, just like Patty Password teaches Billy.

CRAFT | ONLINE SAFETY

You'll need: card, crayons or markers, stickers and scissors (optional)

WHEN YOU'RE DONE — You'll have a decorated **Secret Key Card** and know which things to keep private.

1 Talk about passwords

Passwords keep important things safe, like games, tablets and accounts.

2 Create a pretend password

Make up a fun password that is **not real**. Mix letters, numbers, symbols, colours or shapes. Example: `SUN!5STAR`

3 Make your secret key card

Write one letter, number or symbol in each box. Cut along the dashed line, then decorate with stars, locks and keys.

4 Make it stronger

Can you add another number, a symbol, a capital letter or a longer word?

Secret Key Card

MY PRETEND PASSWORD

_ _ _ _ _ _ _ _

STRENGTH CHECK

- ☐ A number
- ☐ A symbol
- ☐ A capital
- ☐ Extra long

5 Private or Share? Game

Read each idea out loud. Should it stay private, or is it okay to share? Tick one.

	PRIVATE	SHARE
Your password	☐	☐
Your favourite colour	☐	☐
Your full name	☐	☐
A drawing you made	☐	☐
Your home address	☐	☐

Answers: Private = password, full name, home address. Share = favourite colour, a drawing you made.

PATTY'S PROMISE

SAY IT TOGETHER

"I keep private things safe and ask a grown-up if I am unsure."

LEVEL 05

Safe or Sneaky Sorting Challenge

Can you spot what feels safe and what feels sneaky? Use your Billy chest compass!

GAME | ONLINE SAFETY | GROUP

You'll need: the cards on the next page, tape or floor space

WHEN YOU'RE DONE — Every card is sorted into a zone, and everyone knows **the Golden Rule** by heart.

SAFE
Looks okay. Go ahead.

CHECK FIRST
Pause and ask a grown-up.

SNEAKY
Stay away. Tell a grown-up.

What you do

1. **Make the sorting zones**
Pick three corners of the room. Put up a sign in each: SAFE, CHECK FIRST and SNEAKY.

2. **Cut out the cards**
Use the cards on the next page, or write and draw your own ideas.

3. **Use your Billy Pause**
Before each card, place one hand on your chest and take a slow breath. Then ask:

Do I feel calm? | Do I feel unsure? | Does this seem tricky?

4. **Sort the card**
Read the card out loud. Walk it to the zone where you think it belongs.

5. **Talk about it**
Say why you chose that zone. Did anyone choose differently? Both can be okay!

GOLDEN_RULE.EXE

The Golden Rule

If you are ever unsure online, **stop and ask a trusted grown-up first.**



Safe or Sneaky Cards

Cut along the dashed lines. Use the blank cards for your own ideas.



A message from your teacher

A strange pop-up ad

A website you know

"Free candy! Click here!"

A friend asking nicely to play

Someone asking for your password

A video from a trusted adult

A mystery link from a stranger

DRAW OR WRITE YOUR OWN

DRAW OR WRITE YOUR OWN

DRAW OR WRITE YOUR OWN

DRAW OR WRITE YOUR OWN

LEVEL 06

My Inner Compass Journal



Discover the clues your body gives you and become an expert at making wise choices, just like Billy.

JOURNAL · SELF-AWARENESS · WEEKLY

My Inner Compass

DATE _____

My body feels calm when...

_____

_____

My body feels tight when...

_____

_____

I can pause before I...

_____

_____

A good choice I made this week...

_____

_____

I feel brave when...

_____

_____

I need help when...

_____

_____

MY FEELING COLOUR TODAY

BILLY CHEST CHECK

Place one hand on your chest and take one slow breath. Circle how you feel:

calm · buzzy · tight · warm

What might my body be telling me?

_____

Keep going: make a fresh copy of this page each week and notice how your inner compass grows. Share one answer if you'd like.

LEVEL 07

Grow from Bit to Megabyte

Level up like Billy! Kind and brave choices help you grow into a mighty Megabyte.

GOAL CHART GROWTH **You'll need:** markers or crayons, stickers (optional)

WHEN YOU'RE DONE All four stars on the staircase are coloured in, and you've reached **Megabyte**!

1 **Decorate each level**
Add colours, stars, lightning bolts or Billy-style computer designs.

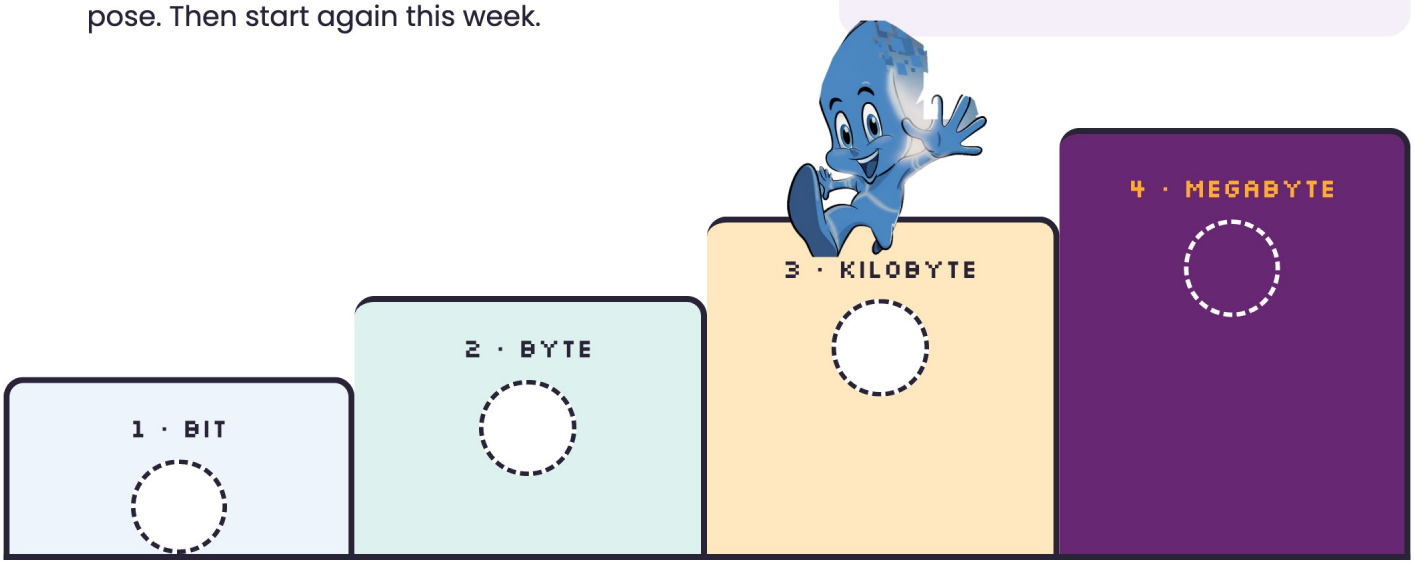
2 **Make a goal move**
Do one from the list. Tick it, and tell a grown-up or your class.

3 **Move up the chart**
Colour the star on your next step. Four stars = Megabyte!

4 **Celebrate, then play again**
At Megabyte, do a happy dance or superhero pose. Then start again this week.

GOAL MOVES

- [ ] Show kindness
- [ ] Use patience
- [ ] Make a safe choice
- [ ] Tell the truth
- [ ] Try again after a mistake
- [ ] Be brave
- [ ] Help someone



BILLY CHECK-IN

Place a hand on your chest and ask: *What good choice can help me grow today?*

LEVEL 08

Build a Firewall Fort



Build a fort like Frannie the Firewall, then guard the gate!

BUILD · BOUNDARIES · GROUP

You'll need: cushions, blankets, chairs or boxes · paper · markers · small toys · tape (optional)

WHEN YOU'RE DONE You'll have a **real fort with one gate**, and a game for deciding what gets in.

1 Build your fort

Use cushions, blankets, chairs or boxes. Leave just **one doorway**. That's the gate!

2 Name your firewall

Make a sign, like **Frannie's Firewall** or **The Safety Shield**.

3 Make entry cards

Write or draw one idea per piece of paper. Use the ideas below.

4 Choose a guard

One person sits inside the fort. They are the Firewall Guard.

5 Test the gate

Bring one card at a time to the door. The guard decides:

LET IN · CHECK FIRST · KEEP OUT

6 Swap and talk

Take turns being the guard. Then talk about the walls that keep us safe in real life.

Safe card ideas

- Book
- Teddy
- Kind note
- Friend invitation
- Homework help

Unsafe card ideas

- Pretend virus
- Mean message
- Stranger asking secrets
- Mystery link
- Sneaky pop-up

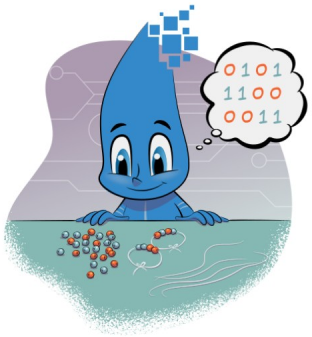
Real-life walls

- Locked doors
- Seatbelts
- Rules
- Trusted grown-ups
- Strong passwords

VICTORY POSE Stand tall and say: **"I can protect what matters and ask for help when unsure!"**

LEVEL 09

Binary Bead Bracelets



Make a code bracelet and discover how tiny Bits build big digital worlds!

CRAFT · CODING · FINE MOTOR

You'll need: string, pipe cleaner or elastic · beads in two colours · scissors (with grown-up help)

WHEN YOU'RE DONE You'll be wearing a **bracelet written in computer code**, and you'll know how to read it.

1 Pick two bead colours

One colour means 0. The other means 1. ○ = 0 ● = 1

2 Learn about Bits

A Bit is the tiniest piece of computer information. It is always a 0 or a 1. Billy started as a Bit too!

3 Tie a knot

Knot one end of your string so the beads can't slide off.

4 Thread a pattern

Repeat a code again and again. Try one:

○●○● ●●○○ ○○●●

5 Finish your bracelet

Keep going until it fits around your wrist. Ask a grown-up to tie the ends together.

6 Wear your code

Explain to someone that computers use Bits like these to make games, music and pictures.

○ ○ ○ BIT_DECODER

OLDER KIDS BONUS

Bead your initials with this 5-Bit code.

A	00001	N	01110
B	00010	O	01111
C	00011	P	10000
D	00100	Q	10001
E	00101	R	10010
F	00110	S	10011
G	00111	T	10100
H	01000	U	10101
I	01001	V	10110
J	01010	W	10111
K	01011	X	11000
L	01100	Y	11001
M	01101	Z	11010

Real computers usually use 8 Bits, one Byte, for each letter.

SECRET CODE CHALLENGE Colour your own pattern. Can a friend copy it exactly?

○○○○○○○○○○○○○○○

LEVEL 10 · FINAL LEVEL

Emotion Signal Freeze Dance



WHEN YOU'RE DONE You'll have danced **8 feelings** and noticed how each one feels in your body.

MOVEMENT · FEELINGS · GROUP

You'll need: music from the Majik Kids app · space to move safely · a scarf, ribbon or props (optional)

1 Choose your music
Pick a genre in the Majik Kids app:
Pop · Hip-hop · Folk · Rock

2 Start dancing
Move your body any way you like while the music plays.

3 Freeze!
When the music stops, everyone freezes. A grown-up calls out a feeling word from below.

4 Make a feeling pose
Change your frozen shape to show that feeling. Hold it for 5 seconds!

5 Billy chest check
Hand on chest. Notice what your body is doing (see below).

6 Dance again
Start the music and try a new feeling each round.

7 Create your own round
Take turns choosing the feeling word or the song.

8 Finish in calm mode
End with one slow breath and a gentle stretch.

FEELING WORDS TO CALL OUT

Nervous	Brave	Excited	Calm
Frustrated	Happy	Shy	Proud

BILLY CHEST CHECK

Place one hand on your chest and notice:

- Is my heartbeat fast or slow?
- Do I feel tight or relaxed?
- Warm, wiggly, buzzy or calm?

LEVEL 10 / 10 COMPLETE

Megabyte Certificate

This certifies that

_____

has completed all ten levels of the Billy Bit Activity Book and grown from a tiny Bit into a **mighty Megabyte!**





GROWN-UP SIGNATURE _____ DATE _____

Keep the adventure going with more stories, songs and meditations in the Majik Kids app.